



State Health Assessment
Statewide Community Survey Results Summary

Table of Contents

Introduction	3
GSP Community Survey Results	4
Health and Wellness Status	4
Access to Health and Wellness Supports.....	8
Community Strengths	13
Survey Respondent Demographics	16
Appendix A: GSP Community Survey Technical Report.....	18
How the Sample Was Selected	18
When Data Was Collected	18
Weighting of Data	18
Sampling Error	18
Design Effect	19

Introduction

In 2020, with support from the NH Department of Health and Human Services, the NH State Health Assessment and State Health Improvement Plan Advisory Council developed *NH Lives Well* as a framework for the most recent State Health Assessment and State Health Improvement Plan. The phrase “*NH Lives Well*” came from our vision of how we wanted people in NH to experience health and wellness: in all places, in all ways. The State Health Assessment was developed using a framework with four domains of health and wellness: Access to Opportunity, Health Status and Outcomes, Community, and Social Connectedness.

As part of the assessment portion of the *NH Lives Well* work, a statewide survey was conducted in 2021 to better understand how people in New Hampshire felt about their health and wellness. The 2021 New Hampshire State Health Assessment was a web-based survey that used that University of New Hampshire Survey Center’s Granite State Panel (GSP). Respondents were members of the GSP recruited from randomly-selected landline and cell phone numbers across the State of New Hampshire. **Appendix A** provides a technical report detailing the survey administration. Please note that this survey was administered in 2021 during the COVID-19 pandemic when there were still protocols for people working and/or schooling at home, and therefore, survey results are likely to be reflective of that experience.

This work was supported by the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$2,211,836 with 0% financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CDC, HHS, or the U.S. Government. For more information, please visit [CDC.gov](https://www.cdc.gov).

GSP Community Survey Results

The following section provides a full set of responses by survey question. Response results by demographic categories are provided when survey sample size allows. Please note, row and/or column percentages may not add up to 100% due to system missing answers (i.e., participants did not answer the question).

Health and Wellness Status

Health depends on more than just medical care. Being part of a community and our emotional, spiritual, and physical wellness are also important to overall health.

We know that health and wellness mean different things to everyone. Please answer these questions with your own definition of “social”, “emotional”, “spiritual”, “mental”, and “physical” health in mind.

Question 1 – Please rate your level of agreement with the following statements.

	Disagree	Neither agree nor disagree	Agree	Does not apply
My current physical health lets my body work at its best (n=1664)	31.05%	6.3%	62.6%	0.6%
My current mental health lets me function and cope with stress (n=1661)	22.4%	5.7%	71.9%	0.1%
My current emotional wellness lets me talk about my feelings how I want (n=1648)	22.5%	8.0%	69.5%	0.7%
My current spiritual wellness lets me feel purpose and joy from within (n=1655)	11.3%	21.5%	60.4%	6.8%
My current social wellness lets me make connections with people the way I want (n=1650)	33.9%	11.3%	54.8%	0.3%

Responses by Race

Race	My current physical health lets my body work at its best			
	Disagree	Neither agree nor disagree	Agree	Does not apply
White alone (n=1515)	30.3%	5.7%	62.1%	0.0%
Not white alone (n=101)	40.6%	14.9%	44.6%	0.0%

Responses by Ethnicity

	My current physical health lets my body work at its best			
Ethnicity	Disagree	Neither agree nor disagree	Agree	Does not apply
Hispanic or Latino (n=48)	35.5%	12.5%	52.1%	0.0%
Not Hispanic or Latino (n=1568)	31.0%	6.0%	63.0%	0.0%

Question 2 – Overall, how often do you feel lonely or isolated from those around you?

	Always	Often	Sometimes	Rarely	Never
How often do you feel lonely or isolated from those around you? (n=1676)	4.8%	17.1%	36.4%	25.7%	16.0%

Responses by Ethnicity

	How often do you feel lonely or isolated from those around you?				
Ethnicity	Always	Often	Sometimes	Rarely	Never
Hispanic or Latino (n=47)	12.8%	29.8%	12.8%	29.8%	14.9%
Not Hispanic or Latino (n=1575)	4.6%	17.0%	36.6%	26.0%	15.9%

Responses by County

	How often do you feel lonely or isolated from those around you?				
County	Always	Often	Sometimes	Rarely	Never
Belknap (n=82)	1.2%	51.2%	24.4%	18.3%	4.9%
Carroll (n=55)	1.8%	10.9%	38.2%	40.0%	9.1%
Cheshire (n=100)	1.0%	15.0%	41.0%	38.0%	5.0%
Coos (n=55)	1.8%	0.0%	54.5%	29.1%	14.5%
Grafton (n=109)	3.7%	11.9%	23.9%	26.6%	33.9%
Hillsborough (n=496)	9.3%	17.5%	32.9%	23.0%	17.3%
Merrimack (n=179)	3.4%	6.1%	36.9%	37.4%	16.2%
Rockingham (n=367)	3.8%	20.4%	41.7%	20.2%	13.9%
Strafford (n=169)	3.6%	17.2%	35.5%	27.8%	16.0%
Sullivan (n=51)	0.0%	5.9%	51.0%	15.7%	27.5%

Responses by Age

Age	How often do you feel lonely or isolated from those around you?				
	Always	Often	Sometimes	Rarely	Never
18 to 34 (n=441)	9.1%	38.3%	39.5%	10.2%	2.9%
35 to 49 (n=335)	2.4%	11.0%	42.1%	24.2%	20.3%
50 to 64 (n=536)	4.7%	9.0%	36.8%	30.2%	19.4%
65 and older (n=337)	0.6%	8.9%	27.9%	39.5%	23.1%

Question 3 – Please check off which wellness areas limit how you do everyday activities.

Which wellness areas limit how you do everyday activities? (n=1667)	Yes, this limits how I do my everyday activities
Physical health	33.6%
Mental health	31.1%
Emotional wellness	27.9%
Social wellness	25.2%
Spiritual wellness	3.4%
None of these limit how I do everyday activities	41.1%

Responses by Ethnicity

Ethnicity	Which wellness areas limit how you do everyday activities?					
	Physical health	Mental health	Emotional wellness	Social wellness	Spiritual wellness	None of these
Hispanic or Latino (n=47)	55.3%	31.9%	43.8%	44.7%	4.3%	27.1%
Not Hispanic or Latino (n=1567)	32.9%	31.1%	27.4%	24.5%	3.3%	41.2%

Question 4 – We want to know what parts of wellness are most important to you. Please rank these areas of wellness, with 1 as most important to you.

Importance of areas of wellness (n=1645)	Most important	Second most important	Third most important	Fourth most important	Fifth most important
Physical health	42.7%	23.7%	16.1%	13.0%	4.5%
Mental health	36.4%	43.5%	12.1%	5.7%	2.2%
Emotional wellness	9.1%	22.2%	48.2%	17.6%	2.8%
Social wellness	0.9%	6.1%	14.2%	47.5%	31.4%
Spiritual wellness	10.9%	4.5%	9.4%	16.2%	59.0%

Responses by Race

	Importance of area of wellness – Most Important				
Race	Physical health	Mental health	Emotional wellness	Social wellness	Spiritual wellness
White alone (n=1499)	43.4%	35.8%	9.5%	0.9%	10.5%
Not white alone (n=101)	28.7%	51.5%	3.9%	0.0%	15.8%

Responses by Ethnicity

	Importance of area of wellness – Most Important				
Ethnicity	Physical health	Mental health	Emotional wellness	Social wellness	Spiritual wellness
Hispanic or Latino (n=48)	33.3%	42.6%	2.1%	0.0%	22.9%
Not Hispanic or Latino (n=1546)	42.3%	37.0%	9.4%	0.8%	10.4%

Responses by County

	Importance of area of wellness – Most Important				
County	Physical health	Mental health	Emotional wellness	Social wellness	Spiritual wellness
Belknap (n=78)	34.6%	16.9%	44.9%	0.0%	3.8%
Carroll (n=41)	43.9%	35.9%	7.3%	2.4%	10.0%
Cheshire (n=99)	53.5%	25.3%	7.1%	0.0%	14.0%
Coos (n=56)	32.1%	8.9%	57.1%	0.0%	1.8%
Grafton (n=108)	25.7%	53.7%	7.3%	0.9%	12.0%
Hillsborough (n=490)	49.0%	34.6%	5.1%	0.6%	10.8%
Merrimack (n=179)	48.6%	39.7%	4.5%	0.6%	6.7%
Rockingham (n=366)	37.4%	43.3%	6.0%	1.6%	11.2%
Strafford (n=167)	32.1%	45.8%	5.4%	0.0%	16.2%
Sullivan (n=52)	65.4%	13.5%	1.9%	1.9%	17.0%

Responses by Employment Status

Employment Status	Importance of area of wellness – Most Important				
	Physical health	Mental health	Emotional wellness	Social wellness	Spiritual wellness
Employed full-time (n=811)	36.5%	42.2%	5.9%	1.4%	14.1%
Employed part-time (n=165)	41.2%	12.7%	41.2%	0.6%	4.8%
Self-employed (n=140)	38.1%	45.0%	7.9%	0.0%	8.5%
Retired or not working (n=293)	58.7%	23.9%	4.8%	0.3%	12.6%
Unemployed (n=62)	43.5%	54.8%	0.0%	0.0%	1.6%
Homemaker (n=44)	42.2%	45.5%	7.0%	0.0%	4.5%
Disabled (n=34)	32.4%	42.4%	14.7%	0.0%	8.8%
Student (n=69)	55.9%	44.9%	0.0%	0.0%	0.0%

Access to Health and Wellness Supports

These next questions will help us understand your experience getting resources that you need.

Question 6 – Please tell us which services or resources you needed OR received in the last year.

Note: Participants could choose more than one service/resource from the list below.

Services or resources needed or received in the last year (n=1661)	Yes, service/resource was needed or received
Child care (n=100)	6.0%
Job opportunities (n=338)	20.2%
Substance use and addiction services (n=63)	3.8%
Health insurance (n=1027)	61.3%
Health care services (n=851)	50.8%
Dental insurance (n=746)	44.5%
Dental health care (n=876)	52.3%
Services for people living with disabilities (n=118)	7.0%
Mental health services (n=419)	25.0%
Education (n=261)	15.6%
Healthy food options (n=681)	40.7%
Community supports and services (meal support, ride sharing, social interaction) (n=123)	7.3%
Services for older adults (n=103)	6.1%
Safe housing (n=214)	12.8%
Reliable internet (n=936)	55.8%
Public transportation options (n=111)	6.6%
Facilities for physical activity (n=383)	22.9%
I did not use any of the following (n=202)	12.0%

Responses by Race

Services or resources needed or received in the last year	Race	
	White alone (n=1515)	Not white alone (n=101)
Child care	5.1%	19.0%
Job opportunities	20.8%	17.8%
Substance use and addiction services	4.2%	0.0%
Health insurance	62.8%	55.4%
Health care services	51.7%	50.5%
Dental insurance	44.9%	51.5%
Dental health care	51.4%	78.2%
Services for people living with disabilities	6.9%	6.9%
Mental health services	24.7%	33.7%
Education	14.5%	31.7%
Healthy food options	40.7%	39.6%
Community supports and services (meal support, ride sharing, social interaction)	6.1%	23.8%
Services for older adults	6.2%	3.0%
Safe housing	12.7%	18.8%
Reliable internet	56.2%	56.0%
Public transportation options	5.9%	18.8%
Facilities for physical activity	21.3%	41.6%
I did not use any of the following	12.5%	5.0%

Responses by Ethnicity

Services or resources needed or received in the last year	Ethnicity	
	Hispanic or Latino (n=1562)	Not Hispanic or Latino (n=48)
Child care	14.6%	5.6%
Job opportunities	23.4%	20.4%
Substance use and addiction services	0.0%	4.0%
Health insurance	62.5%	62.2%
Health care services	47.9%	51.5%
Dental insurance	66.7%	44.7%
Dental health care	68.8%	52.1%
Services for people living with disabilities	14.6%	6.7%
Mental health services	31.3%	24.6%
Education	25.0%	15.3%
Healthy food options	25.5%	41.6%
Community supports and services (meal support, ride sharing, social interaction)	14.6%	7.0%
Services for older adults	8.5%	6.0%
Safe housing	4.2%	13.4%
Reliable internet	47.9%	56.8%
Public transportation options	21.3%	6.2%
Facilities for physical activity	29.2%	22.7%
I did not use any of the following	6.3%	12.3%

Responses by County

Services or resources needed or received in the last year	County									
	Belknap (n=81)	Carroll (n=54)	Cheshire (n=98)	Coos (n=56)	Grafton (n=107)	Hillsborough (n=495)	Merrimack (n=179)	Rockingham (n=362)	Strafford (n=165)	Sullivan (n=52)
Child care	4.9%	3.7%	9.3%	0.0%	1.9%	4.7%	6.7%	5.5%	14.5%	1.9%
Job opportunities	53.7%	11.1%	15.5%	5.4%	10.2%	22.0%	21.8%	17.7%	23.0%	7.7%
Substance use and addiction services	7.3%	0.0%	1.0%	0.0%	4.6%	1.2%	0.6%	11.6%	1.8%	0.0%
Health insurance	32.1%	66.7%	62.2%	62.5%	71.0%	66.3%	60.3%	59.1%	61.4%	73.1%
Health care services	45.7%	64.8%	48.0%	14.3%	33.3%	57.0%	44.1%	55.2%	51.5%	75.0%
Dental insurance	67.1%	27.3%	44.9%	12.5%	24.3%	50.1%	47.8%	42.4%	46.7%	63.5%
Dental health care	75.3%	67.3%	53.1%	14.3%	39.8%	49.7%	61.5%	52.8%	59.4%	52.9%
Services for people living with disabilities	45.7%	0.0%	0.0%	1.8%	6.5%	5.7%	5.6%	4.1%	3.0%	25.5%
Mental health services	13.4%	5.6%	24.7%	8.9%	15.7%	30.3%	31.3%	23.5%	34.5%	7.7%
Education	16.0%	18.5%	12.2%	0.0%	17.8%	17.8%	12.3%	12.4%	25.5%	13.5%
Healthy food options	65.4%	60.0%	35.7%	12.7%	50.5%	33.7%	40.8%	45.9%	39.4%	46.2%
Community supports and services (meal support, ride sharing, social interaction)	7.4%	18.2%	4.1%	0.0%	1.9%	4.0%	16.8%	5.2%	18.2%	2.0%
Services for older adults	0.0%	5.5%	3.1%	10.7%	7.4%	6.9%	7.3%	3.3%	5.5%	27.5%
Safe housing	11.1%	20.0%	7.1%	3.6%	10.2%	7.3%	9.6%	24.8%	8.5%	28.8%
Reliable internet	29.6%	41.8%	66.3%	82.1%	73.8%	54.7%	49.7%	58.3%	51.2%	73.1%
Public transportation options	42.7%	5.6%	3.1%	0.0%	7.4%	4.3%	4.5%	3.3%	9.1%	5.8%
Facilities for physical activity	18.5%	25.9%	16.3%	0.0%	13.9%	22.6%	34.1%	25.4%	24.2%	31.4%
I did not use any of the following	7.4%	9.3%	8.2%	8.9%	13.0%	15.6%	12.3%	10.5%	12.7%	7.7%

Question 7 – Please tell us about your experience with the services or resources you needed OR received in the last year. Check all that apply. If you did not need or use a service or resource, you can check “does not apply.”

Experience	I have no challenges with access	I don't know how to find what I need	Does not meet my needs	I don't qualify for assistance	Takes too long to receive services	Costs are too high	Not high quality	Too far away	I cannot get transportation to receive services	Not available in my language	I don't feel comfortable communicating my needs
Child care (n=91)	38.6%	8.0%	27.2%	3.8%	14.4%	30.3%	11.8%	7.6%	0.0%	0.0%	3.4%
Job opportunities (n=318)	48.4%	19.5%	13.1%	3.1%	4.0%	4.2%	6.9%	9.0%	10.6%	0.0%	4.3%
Substance use and addiction services (n=63)	24.3%	8.0%	9.1%	0.0%	3.8%	6.8%	0.2%	3.6%	0.0%	0.0%	66.8%
Health insurance (n=985)	61.6%	2.0%	3.4%	6.5%	1.7%	29.9%	3.7%	0.1%	0.0%	0.0%	2.5%
Health care services (n=793)	61.6%	4.0%	1.9%	6.1%	10.5%	29.1%	2.5%	1.3%	0.3%	0.0%	2.6%
Dental insurance (n=716)	59.0%	7.9%	5.4%	11.4%	1.4%	30.0%	6.1%	0.2%	0.0%	0.0%	1.9%
Dental health care (n=832)	60.9%	1.1%	2.2%	11.3%	4.0%	32.3%	3.1%	0.6%	4.5%	0.0%	3.5%
Services for people living with disabilities (n=111)	50.6%	26.5%	6.6%	27.5%	4.9%	8.0%	9.4%	0.7%	3.7%	0.0%	15.1%
Mental health services (n=390)	36.7%	14.6%	8.0%	4.2%	15.4%	45.3%	2.8%	2.6%	2.3%	0.0%	7.2%
Education (n=243)	55.4%	5.4%	1.4%	2.6%	2.6%	39.1%	17.7%	3.0%	2.9%	0.1%	1.0%
Healthy food options (n=664)	71.7%	3.4%	1.2%	4.3%	0.3%	17.3%	7.3%	2.3%	0.0%	0.0%	1.0%
Community supports and services (meal support, ride sharing, social interaction) (n=118)	52.4%	8.8%	31.2%	4.8%	4.5%	6.2%	6.3%	10.4%	3.5%	0.0%	10.2%
Services for older adults (n=85)	56.0%	24.9%	7.7%	8.4%	2.5%	8.5%	0.8%	4.3%	1.5%	0.0%	3.7%
Safe housing (n=209)	75.9%	0.0%	0.7%	3.0%	2.6%	3.5%	0.0%	2.5%	0.1%	0.0%	18.6%
Reliable internet (n=905)	70.1%	0.4%	7.3%	2.1%	5.2%	13.2%	10.1%	0.2%	0.1%	0.0%	1.0%
Public transportation options (n=109)	27.4%	11.6%	22.7%	4.1%	1.9%	0.0%	5.5%	26.0%	39.4%	0.0%	0.3%
Facilities for physical activity (n=353)	64.2%	8.5%	7.0%	1.8%	4.5%	10.8%	2.4%	5.0%	1.6%	0.0%	3.6%
I did not use any of the following (n=141)	70.6%	4.5%	0.4%	20.0%	2.0%	1.9%	1.5%	0.4%	0.2%	0.0%	4.0%

Question 9 – Please tell us about your experience with these other community activities. Check all that apply.

Experience	Does not apply	I have no challenges with access	I don't know how to find what I need	What is available is too far away	I cannot get transportation to get to get there
Parks, green space, and other recreational spaces (n=1607)	17.3%	72.9%	4.5%	4.4%	1.0%
Volunteer opportunities (n=1603)	42.6%	43.8%	10.6%	3.0%	0.4%
Worship or other faith gatherings (n=1614)	56.6%	38.8%	1.8%	2.5%	0.2%
Ability to vote (n=1619)	8.9%	89.9%	0.3%	0.6%	0.3%

Community Strengths

Now, we will ask you about your community. For these questions, please think of community as the town or region where you live. Your answers will help us understand what it's like to live in your community.

Question 11 – Please tell us how you agree with the following statements. This will help us understand the connections in your town/region.

Connections in your town/region	Disagree	Neither agree nor disagree	Agree
I have similar cultural beliefs as people in my town/region (n=1616)	22.7%	32.2%	45.0%
My town/region treats people fairly no matter what their background is (n=1615)	23.8%	26.5%	49.7%
People in my town/region have friendships with their neighbors (n=1618)	15.8%	19.0%	65.3%
People in my town/region feel like they belong to the community (n=1618)	11.6%	33.7%	54.7%
People in my town/region have hope for the future (n=1623)	13.4%	36.2%	50.6%
People in my town/region help each other (n=1620)	12.7%	21.6%	65.7%
People in my town/region are committed to the well-being of the community (n=1615)	14.7%	26.1%	59.2%
People in my town/region can talk to leaders who can help improve the community (n=1622)	20.4%	35.0%	44.6%
People in my town/region work together to improve the community (n=1618)	14.0%	27.4%	58.6%
I feel welcome and included by my town/region (n=1615)	13.2%	25.7%	61.1%
I feel safe in my town/region (n=1627)	10.0%	7.7%	82.3%

Question 12 – Next, please tell us how you agree with the statements about how your town/region supports its residents.

Town/region supportiveness	Disagree	Neither agree nor disagree	Agree
My town/region has good housing available (n=1630)	46.1%	21.7%	32.2%
My town/region has good educational opportunities available (n=1639)	19.8%	15.8%	64.4%
My town/region has good work opportunities available (n=1647)	32.0%	24.9%	43.1%
People in my town/region are able to get the services they need (n=1645)	20.6%	30.4%	49.0%
People in my town/region can get the health care they need (n=1638)	23.7%	27.2%	49.1%
People in my town/region can get the mental health care they need (n=1649)	27.5%	41.4%	31.1%
People in my town/region can get the dental health care they need (n=1648)	20.0%	30.6%	49.4%
My town/region is a safe place to work (n=1643)	5.7%	15.5%	78.9%
My town/region has programs for children and families (n=1640)	7.9%	33.1%	59.0%
My town/region is a great place for families with young children to live (n=1641)	8.7%	18.2%	73.1%
My town/region is a great place for older adults to thrive as they age (n=1647)	22.8%	26.3%	50.9%
My town/region is a great place for young adults to live (n=1621)	27.0%	20.9%	52.1%
My town/region accommodates for the disability needs of its residents (n=1643)	13.3%	39.3%	47.3%
My town/region can provide emergency services during a disaster (n=1638)	11.1%	29.4%	59.6%
My town/region keeps people informed about important issues (n=1636)	24.0%	18.3%	57.6%

Question 13 – The issues below play a part in our health and wellness. We want to know what issues you think the state needs to address to help people be healthy and well. Please rank the top five issues you think are most important.

Highest priority health and wellness issues	Not a priority	Low priority	Medium priority	High priority	Essential priority
Access to substance use and addiction services (n=1669)	9.3%	6.4%	21.6%	35.4%	27.3%
Access to mental health services (n=1669)	4.2%	7.4%	17.9%	35.4%	35.2%
Access to quality education (n=1666)	3.1%	4.4%	16.5%	39.7%	36.3%
Access to parks, green space, and other outdoor activities (n=1665)	7.7%	20.1%	38.9%	28.0%	15.3%
Access to affordable healthy food options (n=1668)	5.9%	9.7%	31.5%	34.0%	18.9%
Access to affordable housing (n=1661)	6.2%	8.5%	16.6%	32.0%	36.7%
Access to reliable internet (n=1669)	3.9%	8.0%	22.5%	32.7%	33.0%
Access to safe housing (n=1649)	5.0%	10.9%	20.0%	34.8%	29.3%
Access to social supports and services (n=1669)	7.6%	9.4%	30.3%	32.7%	20.0%
Access to services for older adults (n=1664)	5.4%	10.9%	29.3%	38.4%	16.0%
Access to good jobs (n=1669)	2.8%	7.1%	18.3%	43.7%	28.1%
Affordable, high-quality child care (n=1660)	12.0%	10.0%	23.9%	31.9%	22.2%
Access to reliable and affordable public transportation options (n=1664)	8.4%	19.1%	31.1%	29.8%	11.6%
Availability of health care services (n=1668)	3.1%	7.4%	21.1%	35.3%	33.0%
Cost of health care and health insurance (n=1669)	2.8%	5.5%	19.4%	34.8%	37.4%
Access to volunteer opportunities (n=1661)	14.8%	29.8%	38.1%	11.9%	5.4%
Access to worship or other faith gatherings (n=1669)	32.6%	22.5%	21.6%	15.1%	8.2%
Ability to vote (n=1664)	10.1%	7.8%	13.2%	20.1%	48.7%
Reducing or eliminating child abuse or neglect (n=1663)	6.9%	2.9%	14.3%	31.7%	44.2%
Discrimination based on race, ethnicity, or sexual orientation (n=1662)	13.9%	15.1%	22.7%	24.2%	24.1%
Discrimination based on physical or mental ability (n=1667)	7.8%	16.1%	28.3%	24.2%	23.7%
Discrimination based on immigration status (n=1668)	20.8%	19.4%	24.9%	19.8%	15.0%
Family stress (n=1663)	8.9%	11.8%	32.8%	35.0%	11.6%
Low work wages (n=1665)	11.4%	8.2%	26.6%	28.2%	25.5%
Too much construction where I live (n=1654)	46.7%	29.2%	17.3%	4.1%	2.7%
Violent crime (n=1666)	11.7%	16.3%	22.3%	28.7%	21.0%
Property crime, burglary, or vandalism (n=1668)	8.0%	18.6%	31.1%	25.4%	16.9%
Other (n=294)	57.8%	2.1%	15.9%	7.6%	16.5%

Survey Respondent Demographics

Respondent County	Percentage
Belknap (n=81)	4.9%
Carroll (n=55)	3.3%
Cheshire (n=99)	5.9%
Coos (n=56)	3.4%
Grafton (n=108)	6.5%
Hillsborough (n=497)	29.9%
Merrimack (n=180)	10.8%
Rockingham (n=367)	22.0%
Strafford (n=169)	10.2%
Sullivan (n=52)	3.1%

Respondent Age	Percentage
18 to 34 (n=440)	26.7%
35 to 49 (n=334)	20.2%
50 to 64 (n=537)	32.5%
65 and older (n=338)	20.5%

Race	Percentage
White alone (n=1529)	93.8%
Not white alone (n=101)	6.2%

Ethnicity	Percentage
Hispanic or Latino (n=48)	2.9%
Not Hispanic or Latino (n=1575)	97.1%

Respondent Housing Status	Percentage
Own (n=1063)	63.5%
Rent (n=478)	28.5%
Other (n=134)	8.0%

Sexual Orientation	Percentage
Straight or heterosexual (n=1409)	86.7%
Lesbian, gay, or homosexual (n=52)	3.2%
Bisexual (n=140)	8.6%
Other sexual orientation (n=24)	1.5%

Gender Identity	Percentage
Male (n=825)	50.2%
Female (n=796)	48.5%
Other gender (n=21)	1.3%

Gender at Birth	Percentage
Male (n=830)	49.5%
Female (n=814)	48.6%
N/A (n=32)	1.9%

Marital Status	Percentage
Married (n=896)	55.5%
Divorced/Separated (n=204)	12.6%
Never Married (n=513)	31.8%

Income	Percentage
Less than \$45,000 (n=417)	29.1%
\$45,000 - \$74,999 (n=301)	21.0%
\$75,000 - \$99,999 (n=204)	14.3%
\$100,000 - \$149,999 (n=296)	20.7%
\$150,000 or more (n=214)	15.0%

Employment Status	Percentage
Employed full-time (n=828)	50.2%
Employed part-time (n=166)	10.0%
Self-employed (n=142)	8.6%
Retired or not working (n=305)	18.5%
Unemployed (n=62)	3.7%
Homemaker (n=44)	2.6%
Disabled (n=34)	2.1%
Student (n=69)	4.2%

Education	Percentage
High School or less (n=598)	35.9%
Technical School/Some College (n=513)	30.8%
College Graduate (n=345)	20.7%
Postgraduate Work (n=210)	12.6%

Served in the Military (Self)	Percentage
Respondent served in military (n=197)	11.8%
Did not serve in military (n=1471)	88.2%

Served in the Military (Household)	Percentage
Household member served in military (n=367)	22.2%
No household member served in military (n=1286)	77.8%

Appendix A: GSP Community Survey Technical Report

How the Sample Was Selected

The 2021 New Hampshire State Health Assessment was a web-based survey of Granite State Panel members who are recruited from randomly-selected landline and cell phone numbers across New Hampshire. The Granite State Panel is part of an effort by the University of New Hampshire Survey Center to investigate new ways of gathering and understanding the opinion of New Hampshire residents. Respondents to the Granite State Poll were asked if they wished to participate in further research and asked to provide an email address. Those who agreed and provided an email address were added to the panel. Panel members were also recruited by texting a random sample of cellular telephones in the state and inviting the recipient to take a short survey. At the conclusion of the survey, recipients were asked if they would like to join the panel and provide an email address. Respondents under the age of 18, non-New Hampshire residents, and seasonal residents who are not registered to vote in New Hampshire were excluded from this survey and did not receive an invitation to join the panel. For each survey they complete, panel members are entered into quarterly drawings to earn rewards, such as gift certificates from statewide and internet companies.

When Data Was Collected

An invitation email was sent to Granite State Panel members on March 4th, 2021. Three email reminders were sent to non-responders and the survey was completely closed on March 9th, 2021. One thousand, six hundred and seventy-six (1,676) Granite State Panel members completed the survey. The response rate for the 2021 New Hampshire State Health Assessment is 29%.

Weighting of Data

Data were weighted by respondent sex, age, education, and region of the state to targets from the most recent American Community Survey (ACS) conducted by the U.S. Census Bureau, as well as party registration levels provided by the New Hampshire Secretary of State. In addition to potential sampling error, all surveys have other potential sources of non-sampling error including question order effects, question-wording effects, and non-response. Due to rounding, percentages may not sum to 100%. The number of respondents in each demographic below may not equal the number reported in the cross-tabulation tables as some respondents choose not to answer some questions.

Sampling Error

The 2021 New Hampshire State Health Assessment, like all surveys, is subject to sampling error due to the fact that all residents in the area were not interviewed. For those questions asked of five hundred (500) or so respondents, the error is +/-4.4%. For those questions where fewer than 500 persons responded, the sampling error can be calculated as follows:

$$\text{Sampling Error} = \pm 1.96 \sqrt{\frac{P(1-P)}{N}}$$

Where P is the percentage of responses in the answer category being evaluated and N is the total number of persons answering the particular question. For example, suppose you had the following distribution of answers to the question, "Should the state spend more money on road repair even if that means higher taxes?" Assume 1,000 respondents answered the question as follows:

YES	47%
NO	48%
DON'T KNOW	5%

The sampling error for the "YES" percentage of 47% would be

$$\pm 1.96 \sqrt{\frac{47(53)}{1000}} = \pm 3.1\%$$

for the "NO" percentage of 48%, it would be

$$\pm 1.96 \sqrt{\frac{48(52)}{1000}} = \pm 3.1\%$$

and for the "DON'T KNOW" percentage of 5%, it would be

$$\pm 1.96 \sqrt{\frac{5(95)}{1000}} = \pm 1.4\%$$

In this case, we would expect the true population figures to be within the following ranges:

YES	43.9% -50.1% (i.e., 47% ±3.1%)
NO	44.9% -51.1% (i.e., 48% ±3.1%)
DON'T KNOW	3.6% -6.4% (i.e., 5% ±1.4%)

The margin of sampling error for the 2021 New Hampshire State Health Assessment is +/-2.4%.

Design Effect

These mean square errors (MSEs) have not been adjusted for design effect. The design effect for the survey is 2.5%. To learn more about the Granite State Panel, please visit our website <https://cola.unh.edu/unh-survey-center/projects/granite-state-panel>. For more information about the methodology used in the 2021 New Hampshire State Health Assessment, contact Dr. Andrew Smith at (603) 862-2226 or by email at andrew.smith@unh.edu.